



Bleeding Control Course

Instructor's Guide

Bleeding Control (BCon) Course

The Bleeding Control (BCon) course is designed for those who have little or no medical training but may be called upon to respond to and deliver trauma care and bleeding control prior to emergency medical services (EMS) arrival or in an austere environment.

Eligible Students

Eligible students are any individuals who may be called upon to assist with trauma patients while waiting for first response or EMS to arrive. The course has been designed for students who have received little or no prior medical training. Examples of potential students include teachers, taxicab drivers, train station attendants, and Transportation Security Administration (TSA) workers.

Successful Completion

Successful completion entails that the student has:

- Attended the entire course
- Adhered to course content and demonstrated all practical skills as required within the course

Material Requirements

All BCon course students will require a copy of the student handout and any registration materials.

Faculty Requirements

All NAEMT Instructors are eligible and encouraged to teach this course in their local communities. Instructors for BCon courses include current NAEMT instructors, PHTLS providers, Tactical Combat Casualty Care (TCCC) or Tactical Emergency Casualty Care (TECC) instructors or providers, and BCon providers.

The minimum recommended instructor-to-student ratio for all skill stations is 1:8; that is, the number of students should never exceed eight for every one instructor. Given this ratio, every BCon course will require adequate faculty to maintain this requirement.

Equipment and Supplies

All students must have access, at a minimum, to the equipment needed to complete the skill stations. The equipment can either be supplied in each skill station or provided to each group of students. Students should be allowed to utilize their own equipment when appropriate. All equipment must be in proper working order. Equipment includes the following items:

- Personal protective equipment (PPE) (e.g., gloves)
- Paper and pencil
- Hemorrhage-control devices (e.g., tourniquet, gauze rolls)
- Manikin or wound-packing model

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Course Plan

Course sites may rearrange the schedule for site-specific needs as long as all of the elements are included. The course content in support of the BCon course is available for download from a secured page on the National Association of Emergency Medical Technicians (NAEMT) website.

When given to a lay audience, the BCon presentation is given. While the preferred course for educating law enforcement officers is the Tactical Casualty Care for Law Enforcement and First Responders (TCC-LEFR), if this material is to be used to introduce these concepts to law enforcement officers, the additional module describing the role of law enforcement in relation to the Hartford Consensus statements should also be presented.

BCon Course Schedule

- BCon Lecture
- Tourniquet Single Skill Station
- Wound Packing Single Skill Station
- Jaw Thrust Single Skill Station

Average course time is 2 to 2.5 hours or longer as needed

