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| **Skill Sheet** |
| **Control Bleeding using a CoTCCC-Recommended Hemostatic Dressing** |
| **Objective:** Demonstrate the proper technique and procedures for applying a hemostatic dressing to control hemorrhage. |
| **References:** |
| PHTLS (Military Version) Eighth Edition, Jones and Bartlett Learning |
| **Evaluation:** Students will be evaluated as a Pass/Fail (P/F). The instructor will verify the accuracy of the student’s ability to apply a hemostatic dressing effectively on the wound of a fellow student simulating a casualty by means of observing the student’s procedures and technique. |
| **Materials:** |
| Student Checklist |
| Fully loaded medical aid bag to include the selected hemostatic dressing |
| Moulaged Manikin |
| **Instructor Guidelines:** |
| 1. Provide each instructor with a Student Checklist. |
| 1. Ensure student has all student-required materials |
| 1. Read the Learning Objective and the evaluation method to the student. |
| 1. Explain the grading of the exercise. |
| 1. Allow time for the students to extract the information required from the instructor-provided scenario. |
| **Performance Steps:** |
| 1. Expose the injury by opening or cutting away the casualty's clothing. |
| 1. If possible, remove excess blood from the wound while preserving any clots that may have formed. |
| 1. Locate the source of the most active bleeding. |
| 1. Remove the hemostatic dressing from its sterile package and pack it tightly into the wound directly over the site of the most active bleeding. |
| 1. More than one dressing may be required to control the hemorrhage. |
| 1. Apply direct pressure quickly with enough force to stop the bleeding. |
| 1. Hold direct pressure for a minimum of 3 minutes. |
| 1. Reassess for bleeding control. |
| 1. More dressing may be packed into the wound as necessary to stop any continued bleeding. |
| 1. Leave the dressing in place. |
| 1. Secure the hemostatic dressing in place with a pressure dressing. |
| 1. Document and transport. |
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**Control Bleeding using a Hemostatic Dressing**

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| **Task** | **Completed** | | |
|  | 1st | 2nd | 3rd |
| Verbalized: Do not use for minor wounds that do not entail severe bleeding. | P / F | P / F | P / F |
| Exposed the injury by cutting away the casualty's clothing. | P / F | P / F | P / F |
| Placed the hemostatic dressing directly into the wound where the bleeding was the heaviest. | P / F | P / F | P / F |
| Held pressure on the hemostatic dressing for 3 minutes. | P / F | P / F | P / F |
| *INSTRUCTOR: Inform the student that 3 minutes have passed.* | | | |
| Reassessed the wound to ensure that bleeding stopped – left the dressing in place if bleeding was controlled. | P / F | P / F | P / F |
| Applied a sterile pressure dressing over the hemostatic dressing to secure it in place. | P / F | P / F | P / F |
| Documented treatment. | P / F | P / F | P / F |

**Critical Criteria:**

\_\_\_\_\_ Did not apply direct pressure for at least 3 minutes after application.

\_\_\_\_\_ Did not confirm hemostasis before applying pressure dressing.

**Evaluator's Comments:**

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| Student Name: |  | | Date: | |  | | |
| Evaluator: |  | Pass: | |  | | Fail: |  |